



## 2023 BASEBALL / SOFTBALL DATES

**Baseball/Softball Registration** – January 23<sup>rd</sup> - February 10<sup>th</sup> **Deadline 5:00 p.m.**

**T-Ball Draft** – Monday, February 27<sup>th</sup> @ 6:00 pm

### **T-Ball will not be evaluated**

**Player Evaluation** – Veterans Memorial Park

Saturday February 25 <sup>th</sup>	10:00 a.m.	9-10 Boys (Vet. 1)
	10:00 a.m.	11-12 Boys (Vet. 2)
	11:00 a.m.	7-8 Boys (Vet. 3)
	11:00 a.m.	7-8 Girls (Vet. 3)
	12:00 p.m.	9-10 Girls (Vet. 1)
	12:00 p.m.	11-12 Girls (Vet. 2)

**Coaches Draft** – Community Ctr.

Saturday, February 25 <sup>th</sup>	11:00 a.m.	9-10 Boys
	11:00 a.m.	11-12 Boys
	12:00 p.m.	7-8 Boys
	12:00 p.m.	7-8 Girls
	1:00 p.m.	9-10 Girls
	1:00 p.m.	11-12 Girls

**Umpire Meeting** – TBA @ Community Ctr. (Media Room)

**Coaches Meeting @ Community Center**

Tuesday, February 28 <sup>th</sup>	6:30 p.m.	9 & above Baseball
Thursday, March 2 <sup>nd</sup>	6:30 p.m.	9 & above Fast Pitch & 8 and under Baseball & Softball

**Practice Begins** – Monday, -- March 6<sup>th</sup>

**Preseason Tournament** —April 3<sup>rd</sup> – April 8<sup>th</sup> (7 & above)

**Diamond Day** – Saturday, April 8<sup>th</sup> 10:00 a.m. @ Veterans Memorial Park

**Season Begins** – Monday, April 10<sup>th</sup>

**Post Season Baseball Meeting** -TBA

**Post Season Tournaments** - TBA

**Baseball / Fast Pitch All-Star Meeting** - TBA. @ Community Center

To: Parents of Murray County Rec. Dept. Participants  
From: Anthony Pittman, Director  
Subject: Youth Registration Program fee

As a parent of children who participate in recreation programs, I understand the hardships placed on you when it comes to paying registration fees, especially when there is more than one child. Our department has one of the lowest registration fees in the state on an annual basis. However, we are always trying to find better ways to improve our program.

The program will work like this:

A parent would come in and register their child(ren) and pay the normal registration fee of \$40. After we collect the money, we would give you the same value of \$5.00 raffle tickets for you to sell, with the purchaser of these tickets having a shot at a \$1000.00 drawing to be given away at Diamond Day. The parent would have the option of selling the raffle tickets and keeping the money (you play for free) or keep as many as you want for your chance at the \$1000.00 prize. This proposal will basically allow your children to play for free if you choose to sell your required tickets.

**Baseball 2022 Fee Structure**

<b>Family Size</b>	<b>Fees</b>	<b># of tickets</b>
<b>First Child</b>	<b>\$40.00</b>	<b>8</b>
<b>Second Child</b>	<b>\$70.00</b>	<b>14</b>
<b>Third Child</b>	<b>\$90.00</b>	<b>18</b>
<b>Four or More Children</b>	<b>\$100.00</b>	<b>20</b>

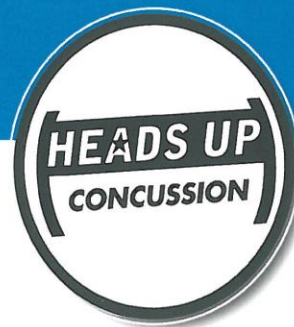


Murray County Recreation Department Parents Code of Ethics Pledge

- ❖ I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice, or other youth sports event.
- ❖ I will place the emotional and physical well being of my child ahead of personal desire to win.
- ❖ I will provide support for coaches and officials working with my child to provide a positive and enjoyable experience for all.
- ❖ I will refrain from smoking or using any Tobacco or Alcohol product while at all youth sports events.
- ❖ I will remember that the game is for the children and not for the adults.
- ❖ I will do my very best to make youth sports fun for my child.
- ❖ I will promise that my child and myself will treat coaches, game officials and fans with respect regardless of race, sex, creed, or ability.
- ❖ I will promise to help my child enjoy the youth sports experience within my personal constraints by assisting with coaches, being a respectful fan & providing transportation or whatever, I am capable of doing.
- ❖ I understand that my child may need my support at home by assisting him with his school, work, and extra practice in the back yard.
- ❖ I understand that if I do not conduct myself in a positive manner, I may be asked to vacate the premises and could be suspended for up to one year.
- ❖ I understand that I must help the coach control unfavorable fan behavior and conduct to ensure the participants have a positive experience.
- ❖ I will not leave my child unsupervised without notifying the coach. I will leave an emergency phone number if I must leave.
- ❖ I will make all family members aware of these guidelines.

Signed: \_\_\_\_\_

## PARENT & ATHLETE CONCUSSION INFORMATION SHEET



### WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

### WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

### DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

### SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

### SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall



**"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"**